



Leading Together for a Change!

Course Information

Things to know...



Leading Together for a change! is a course for:

- young people with a learning disability, autism or both
- family carers
- professionals working with children and young people



The young people part of the course will be delivered by Kirsty Morgan and Jo McCausland from Inclusion North and James Todd an Expert by Experience.



We are looking for people who have some experience of being in a leadership role. For example, through school, college, work or a community group.

The course is for young people 18-25 years old who have a learning disability, autism or both and are from the North East or Cumbria.



This means you will live in one of these areas:

- Cumbria
- Darlington
- Durham
- Gateshead
- Hartlepool
- Middlesbrough
- Newcastle
- North Tyneside
- Northumberland
- Redcar and Cleveland
- South Tyneside
- Stockton
- Sunderland



The course will be fun, challenging and a chance to meet new people.

Our aim is to think about what it takes to lead together, work together, make change together!



We will do this by learning about:

- ✓ The history of how people with a disability have been treated
- ✓ Rights and decision making
- ✓ How government works
- ✓ How to get your point over to people, practice speaking up
- ✓ Different types of leadership



Throughout the course you will have the chance to meet people who are leaders in the disability movement, local government, organisations and communities.



You will also meet the family carers and professionals on the other parts of the course.

You will come together to work on a project for change – something which will make a difference to the lives of people with a learning disability, autism or both.



As well as learning new skills and trying new activities we are hoping you will make new connections and have fun!



On the course we are asking you to learn with a 'buddy'.

This needs to be someone you already know, who you feel comfortable with. It could be a relative, friend or supporter. They too should be a young person, 18-25 years old.



Your buddy will need to have a Disclosure and Barring Service (DBS) check before starting on the course with you. This is to make sure we keep everyone safe.



In addition to your 'buddy' if you need personal care and support this will need to be arranged by you from a support provider or personal assistant.



You can see and hear more about people who were part of a recent Young Leaders course here:
<http://bit.ly/leadingtogetherforchange>



The 10 course dates are:

Day workshops on
Saturday 30th March
Saturday 18th May
Saturday 22nd June
Saturday 12th October



The day workshops will take place at
Skills for People
Key House
Tankerville Place
Jesmond
Newcastle
NE2 3AT



The young person's residential will be on **Saturday 13th and Sunday 14th July**. It will take place at Northumbria University, Newcastle. We will stay in the student accommodation here, Claude Gibb Hall.



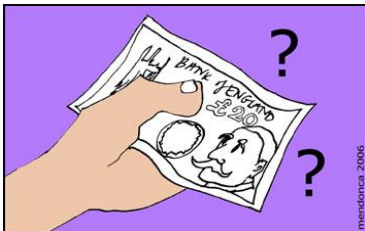
For the residential parts of the course you and your buddy will be expected to stay overnight. If you need a personal assistant or support staff, they too will need to stay overnight. We will make sure there is a room available for everyone.



The joint course residential is on **Friday 26th & Saturday 27th April**. There is also a joint day session on **Saturday 21st September**. This will all take at:
Jury's Inn
Scotswood Road
Newcastle
NE1 4AD



Graduation is on **Saturday 9th November** at:
Assembly Rooms
Fenkle Street
Newcastle
NE1 5XU



The course is **free** to those attending. The 'young people' part of the course is being paid for by Transforming Care.

Your travel, accommodation and meals on the course will all be covered.

	<p>You, your buddy and any other supporter you have will need to attend every session of the course.</p>
	<p>You have to apply to go on the course. We will need information about your course buddy in this too.</p> <p>The application form has been sent to you with this information. You need to apply by the 11th March 2019.</p>
	<p>Not everyone will get a place on the course. There are 13 places available for young people and 13 buddy places.</p>
	<p>We will decide who goes on the course based on your application and references. Please make sure you tell us as much as you can.</p>
	<p>We will contact you to let you know if you have a place on the course or not.</p> <p>If offered a place, we will talk through everything to make sure that the course is right for you.</p>
 	<p>If you have any questions about the course or the application process contact Kirsty Morgan. kirsty@inclusionnorth.org 07539 063467</p>