

CALM and QUIET Sessions



Department
for Work &
Pensions

For people with autism or learning disabilities/difficulties aged 18 + to find out about benefits, jobs and support at the Jobcentre

Please come to an introductory session at a Jobcentre to see how we can support people with autism and/or learning disabilities into employment, or help them move towards it.

- Find out about volunteering, part-time or full-time employment, or changing jobs.
- Parents/Carers welcome too, or come alone to explore opportunities for those you support
- Meet specially trained staff who will explain what help is available.
- Meet organisations that may be able to help you get the support you need.
- Access to employers offering work experience and part or full-time work.
- Find out about benefits, including Universal Credit, and what you are entitled to.
- Find out about Access to Work, a scheme to help you with support in employment and with travelling to work

NO COMMITMENT - NO ASSESSMENT - JUST INFORMATION

and autism-friendly help and advice in a calm and peaceful session. Help us to help you!

Where? Kentish Town Jobcentre Plus, Kentish Town Road, London NW5 2AG. *You do not need to live in north London or live near the jobcentre – anyone over 18 can attend.*

When? Thursday 12th July from 10am to 2pm.

Travel? Buses: C2, 46, 134, 214, 393. Nearest Tube: Kentish Town on the Northern Line.

If you would like an appointment with a trained Work Coach, please email Belinda.Blank@DWP.GSI.GOV.UK for a personal time to come, so that you will not have to wait. You can also use this email to ask questions. Otherwise please **drop in** but you may have to wait. There will be staff to help you, and a quiet area.

Together let's make a difference!