

PfA Self-evaluation tool: Health



The Preparing for Adulthood (PfA) suite of self evaluation tools are designed to support professionals from across education, health and social care, and in both children's and adults' services, to ensure young people and their families are able to prepare effectively for adulthood.

Each version is made up of a list of key themes for each audience and considers what should be happening in local areas. Professionals can use the self evaluation tool to understand what is working well and where things might need to improve.

For each audience it signposts to key PfA resources that support practice. It will identify key messages from Part 3 of the Children and Families Act 2014 and link to other relevant legislation and statutory guidance. For additional wider resources related to preparation for adulthood please visit our [resource hub](#).

This version is designed for health professionals working across children's and adults' services.

Does this happen?	Always	Sometimes	Rarely/ Never	Key Resources (Click to view)
<p>EHC planning and reviews are person centred and focus on PfA outcomes from year 9¹</p> <ul style="list-style-type: none"> • Health professionals in both children’s and adults services use person centred thinking to recognise and improve outcomes that are important to children and young people. • As part of the EHC needs assessment and planning process, health professionals prepare young people and their families to think about how they can achieve their aspirations and manage their health and support as they move into adulthood. This includes young people with additional communication needs. • Health professionals understand their role working in partnership with education and social care partners to develop joined up EHC needs assessments and plans. <p><small>1 NHS Mandate. https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/386221/NHS_England_Mandate.pdf SEND Code of Practice: 0-25 years Better Outcome Pledge 4: Services will be integrated and care will be coordinated around the individual, with an optimal experience of transition to adult services for those young people who require ongoing health and care in adult life.</small></p>				<p>PfA Review toolkit</p> <p>PfA Stories: Hannah’s top health tips</p> <p>Transition 2: Clare’s Story</p>

Does this happen?	Always	Sometimes	Rarely/ Never	Key Resources (Click to view)
<p>Young people can access support that leads to fulfilling adult lives in line with the PfA outcomes</p> <ul style="list-style-type: none"> • Health professionals are confident using Personal Health Budgets (PHB) for young people with continuing care/continuing healthcare funding. • Health professionals have started to draw down funding for PHBs for young people who are not eligible for continuing care/continuing healthcare funding but who have long term conditions.¹ • Health professionals are working with education, health and social care to contribute to the Local Offer, joint commissioning, EHC plans and reviews and personal budgets. • Health professionals are using person-centred approaches to support young people to experience a smooth transition into adult services. <p>¹ https://www.england.nhs.uk/healthbudgets/understanding/roll-out/</p>				<p>PfA Factsheet: Workforce Development - A guide</p> <p>PfA Factsheet: Joint commissioning in action</p>

Does this happen?	Always	Sometimes	Rarely/ Never	Key Resources (Click to view)
<p>Young people who are likely to have ongoing healthcare needs are identified early and supported to transition into adult services</p> <ul style="list-style-type: none"> • CCGs have a system in place to offer young people indicative assessments for continuing healthcare from age 14+ and this is published in the Local Offer. • There is a clear system in place to identify the views and needs of young people and their families from 14+ to inform adults' services, the Joint Strategic Needs Assessment (JSNA), the Joint Health and Wellbeing Strategy and commissioning to improve outcomes for young people moving into adulthood. • A named professional from adults' services attends reviews from age 16. • 5 day packages are being developed with education and social care that enable young people with complex needs to have personalised post-16 packages that lead to full adult lives. 				<p>PfA Factsheet: Joint commissioning in action</p> <p>PfA Review toolkit</p>

Does this happen?	Always	Sometimes	Rarely/ Never	Key Resources
<p>Multi-agency health transition pathways are in place</p> <ul style="list-style-type: none"> • Detailed health transition pathways are in place for young people 14-25 and published in the Local Offer. There is a particular focus on young people most at risk of poor outcomes (e.g young people with learning disabilities and/or mental health needs). • Acute health services use health passports which help young people manage their own health and have a positive transition into adult health services. • Health services apply system improvement mechanisms to improve transition (such as CQUIN, or integrated commissioning). • Young people with learning disabilities are registered with GPs from 14 and annual health checks and plans are offered. • Keyworking is available to young people in transition either through a health transition worker or health professionals advising local keyworkers. 				<p>PfA Factsheet: Joint commissioning in action</p>

About this publication

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